



SIS50512 DIPLOMA OF SPORT COACHING

CRICOS CODE: 086249G

COURSE OVERVIEW

This qualification reflects the role of individuals who apply the skills and knowledge to pursue a career as a coach at a high performance level. Likely functions for someone with this qualification include observing elite athletes to determine the level of instruction required, and planning, conducting and evaluating high performance individualised and team training programs. Those with this qualification would also supervise practice sessions and provide in competition assistance to athletes including supporting their psychological preparation and conducting post competition analysis of both performance and strategy. Outcomes would vary depending on the specialisation chosen.

JOB OPPORTUNITIES

- High Performance Coach

ENTRY REQUIREMENTS

Entry to SIS50512 Diploma of Sport Coaching is open to those who hold a current first aid and CPR certification, AND National Coaching Accreditation Scheme (NCAS) registration in a chosen sport AND the following units:

- SISSSCO306 Provide drugs in sport information
- SISSSCO307 Provide nutrition information to athletes
- SISSSCO308 Support athletes to adopt principles of sport psychology

- SISSSCO409 Work collaboratively with support personnel
- SISSSCO411 Apply self-management to intermediate level coaching

Sports Specialisations for the SIS50512 Diploma of Sport Coaching include:

- Rugby League
- Equestrian
- Swimming
- Martial Arts
- Golf

INTAKES

Please contact ASA for course intake information.

FEES

AUD \$20,000

COURSE DURATION

Full-time: 96 weeks

STUDY PATHWAYS

This qualification is suitable for an Australian apprenticeship pathway.





STAY IN THE GAME

MAKE SPORT YOUR CAREER



COURSE OUTLINE (UNITS OF COMPETENCY)

TOTAL NUMBER OF UNITS = 23

- 15 core units
- 8 elective units

CORE UNITS

BSBADM502B	Manage meetings
BSBINN502A	Build and sustain an innovative work environment
SISSSCO304	Customise coaching for athletes with specific needs (has pre-requisite units)
SISSSCO305	Implement selection policies
SISSSCO410	Implement a talent identification program
SISSSCO512	Assist athletes to prevent and manage injury and illness
SISSSCO513	Plan and implement high performance training and recovery programs
SISXCAI305A	Conduct individualised long-term training programs
SISXCCS403A	Determine needs of client populations
SISXIND404A	Promote compliance with laws and legal principles
SISXIND406A	Manage projects
SISXIND408	Select and use technology for sport, fitness and recreation
SISXRSK502A	Manage organisational risks
SITXFIN402	Manage finances within a budget
SITXHRM402	Lead and manage people

Please select one of the following elective streams

RUGBY LEAGUE

SISSRGL511A	Teach high performance Rugby League game skills
SISSRGL512A	Teach high performance Rugby League tactics and game strategy
SISSSCO101	Develop and update knowledge of coaching practices
SISSSCO303	Plan and deliver coaching programs

SISFFIT419A	Apply exercise science principles to planning exercise
SISSTTC301A	Instruct strength and conditioning techniques
SISSTTC402A	Develop strength and conditioning programs
SISXIND409	Organise a sport, fitness or recreation event teams or groups

EQUESTRIAN

SISOEQO409A	Train and condition horses
SISOEQO516A	Manage the education of horses
SISSEQS301A	Demonstrate basic dressage, show jumping and cross-country riding
SISSEQS405A	Teach the intermediate skills of riding over fences
SISSSCO101	Develop and update knowledge of coaching practices
SISSSCO303	Plan and deliver coaching programs
SISXIND409	Organise a sport, fitness or recreation event teams or groups
SISXIND410	Coordinate sport, fitness or recreation work

SWIMMING

SISSSWM303A	Teach the advanced skills of competitive swimming
SISSSCO101	Develop and update knowledge of coaching practices
SISSSCO303	Plan and deliver coaching programs
SISFFIT419A	Apply exercise science principles to planning exercise
SISSTTC301A	Instruct strength and conditioning techniques
SISSTTC402A	Develop strength and conditioning programs
SISXIND409	Organise a sport, fitness or recreation event teams or groups
SISXIND410	Coordinate sport, fitness or recreation work

Gold Coast (QLD)

10 Scarborough St, Southport, Gold Coast
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Sydney (NSW)

Level 2, 39 Queen St, Auburn, Sydney
New South Wales 2144 Australia
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COURSE OUTLINE (UNITS OF COMPETENCY)

MARTIAL ARTS

SISSMAR503A	Teach the high performance skills of martial arts
SISSSCO101	Develop and update knowledge of coaching practices
SISSSCO303	Plan and deliver coaching programs
SISFFIT419A	Apply exercise science principles to planning exercise
SISSTC301A	Instruct strength and conditioning techniques
SISSTC402A	Develop strength and conditioning programs
SISXIND409	Organise a sport, fitness or recreation event teams or groups
SISXIND410	Coordinate sport, fitness or recreation work

GOLF

SISSSCO101	Develop and update knowledge of coaching practices
SISSGLF510	Fit and alter golf equipment
SISSGLF512	Manage the structure and facilitation of golf competitions and tournaments
SISSGLF517	Apply advanced skills, tactics and strategies of golf in high performance competition
SISSGLF518	Teach the advanced skills of golf
SISSGLF519	Teach the advanced tactics and strategies of golf
SISSGLF520	Design and implement strategies to increase junior participation in golf
SISSGLF521	Manage on course golf operations

TENNIS

SISSTNS205	Interpret and apply the rules and regulations of tennis
SISSTNS307	Coach red stage tennis players
SISSTNS308	Coach orange stage tennis players
SISSTNS309	Coach green stage tennis players
SISSTNS410	Coach stroke production for intermediate tennis players
SISSTNS411	Coach tactics for intermediate tennis players
SISSTNS512	Coach stroke production for high performance tennis players
SISSTNS513	Coach tactics for high performance tennis players

ASSESSMENT ARRANGEMENT

To be assessed as competent, learners need to provide satisfactory evidence to all the assessment requirements relating to their knowledge and skills relevant to the unit of competence. Assessment methods may include:

- Written activities
- Practical / role plays
- Observations

HOW TO ENROL

Applying to ASA is easy. You can submit your enrolment application at any time by email to info@asaonline.edu.au. Call the Gold Coast Campus on **+61 1300 656 693** or Sydney Campus on **+61 1300 082 832**.

Once we receive your enrolment form, we will send you a Letter of Offer including all the enrolment conditions. When you accept it and return a signed copy along with payment, we will secure your place in your chosen course.

Recognition of Prior Learning (RPL) and Credit Transfer is offered at the time of enrolment. For additional information relating to RPL or Credit Transfer for this course, please contact us.

Enrol Now



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